



72 names of God

Class Synopsis:

The 72 names of God are 72 different combinations of Hebrew letters, which for thousands of years remained a secret known to only a few. Over the centuries, Kabbalists recognized the power of the 72 names and used them as a tool to attract tremendous energy and light. Kabbalah teaches us that the energy within the 72 names is a bridge between the physical and spiritual worlds that allows us to reconnect to the very source of our soul. It is a powerful technology for transformation, self-empowerment and spiritual communication.

Class Descriptions:

Class 1: The secret of the 72 names

- What are the 72 names and how they came to be?
- The power of the 72 names
- What can help us benefit more from the energy of the names?

Class 2: Our relationship to the Light

- Connecting to the divine element within us
- The Law of Root and Branch
- How can we connect to the root of our soul?

Class 3: Our relationships with our soul & healing

- What makes us an individual Unique Soul?
- The body-soul relationship
- How do we activate the energy of the 72 names?
- What does it take to heal ourselves from the source?
- Purifying our desire and overcoming anger

Class 4: Our relationship with others & our surroundings

- What is the primal cause of our problems?
- The Endless Collective Soul
- Meditations to connect to our Uniqueness and fulfill our purpose