

# DISCOVER KABBALAH ONLINE COURSE

## Phase 1 .....

### **Taking Responsibility and Ownership of My Life**

- Class 1:** Changing my consciousness regarding challenges
- Class 2:** Expanding my consciousness about my soul's journey (Tikkun)
- Class 3:** Identifying the internal opponent and his role in my life
- Class 4:** Learning to contain and connect to the process that I am going through
- Class 5:** Changing my consciousness into one of sharing and kindness

## Phase 2 .....

### **Finding My Purpose in Life**

- Class 6:** Understanding the Kabbalistic concept of Creation and using this knowledge to make better decisions
- Class 7:** Recognizing the evil inclination (ego)
- Class 8:** Shells
- Class 9:** The Extensions of the Ego – Identifying how the Extensions of the Ego express themselves in me, and how I can change them.
- Class 10:** Ego Workshop – A summary

## Phase 3 .....

### **Understand the Rules of the Game/ The Laws of the Universe**

- Class 11:** The Power of Hebrew Letters – Getting to know spiritual tools to help bridge the physical and spiritual worlds
- Class 12:** Reincarnation – An in-depth understanding of the structure and journey of souls and consequently why things in my life repeat themselves
- Class 13:** Kabbalistic Astrology – My Tikkun, and the Tikkun of those around me
- Class 14:** The Secrets of the Zohar – A powerful tool for connecting to something bigger than ourselves and overcoming the inner opponent
- Class 15:** Days of Connection – Recognize every day as an opportunity for renewal, change and growth

## Phase 4 .....

### **Living my Purpose**

- Class 16:** Consciousness of the 10 Sephirot
- Class 17:** The Four Phases – How to build true desire and motivation?
- Class 18:** Consciousness of Prosperity – How to connect to the consciousness of abundance?
- Class 19:** Kabbalistic Meditation
- Class 20:** Building my personal vision

“SOMETIMES IT IS OUR  
CONSCIOUSNESS THAT MUST  
CHANGE - NOT THE ACTION  
OR THE SITUATION.”

THE  
KABBALAH  
CENTRE

The Kabbalah Centre reserves the right to cancel, change the dates or the format of all classes, lectures and courses at any time and without prior notice. Class recordings will be available when applicable, for 1 week after the class.